

Ten Things You Can Do to Help A Child Today

- 1. Take back unsafe parks and playgrounds.** Organize patrols to keep neighborhood parks safe.
- 2. Create community hubs** where children can go after school. Set up and supervise space where teens can gather. Contact your church or community center for support.
- 3. Get kids involved in helping each other.** Encourage teens to reach out to younger children who need help with their homework, someone to play with or just a friend who cares.
- 4. Reach out to latchkey kids.** Focus on the most vulnerable children at the most vulnerable time of their day.
- 5. Become part of a literacy or sports program.** Contact your YMCA or public school to get started.
- 6. Offer to care for a neighbor's child** in a crunch.
- 7. Clean a playground** and get your neighbors to help.
- 8. Help prepare and serve meals** to the millions of children and their families who are hungry. Contact the nearest food bank or soup kitchen.
- 9. Call the nearest children's hospital,** ask to speak with the volunteer coordinator and offer to read books to chronically ill and recovering children.
- 10. Use your special skills and talents.** Are you good at math? Call the principal at a nearby school and offer to be a tutor.