

## **Top Five Tips to Help Save Money and the Environment at the Same Time!**

- 1.** By eating fish that are fished in an environmentally responsible manner, you can help keep the marine ecosystem healthy. Some seafood is both less expensive and fished in a way that doesn't harm the oceans. Find out which fish are best and worst to choose.
- 2.** When you're next in the market for a car, choose the one in your class with the highest fuel efficiency rating. You'll save money each time you fill up.
- 3.** Check your tires once a month, since properly inflating your tires improves gas mileage. According to DOE, under-inflated tires waste more than two million gallons of gasoline a day. And they're also a safety hazard.
- 4.** Using fluorescent lights can be a major factor in cutting greenhouse gas emissions. According to the Environmental Protection Agency, a new compact fluorescent bulb uses 75% less energy than a standard incandescent and lasts about 10 times as long.
- 5.** You prevent waste and save money whenever you reduce your purchases of disposable and over-packaged items or reuse more of what you already have. It's easy!