

## 13 Things Your Dog Can Teach You

1. When loved ones come home, always run to greet them.
2. Allow the experience of fresh air and the wind in your face to be pure ecstasy.
3. Let others know when they've invaded your territory.
4. Take naps and stretch before rising.
5. Run, romp, and play daily.
6. On hot days, drink lots of water and lie under a shady tree.
7. When you're happy, dance around and wag your entire body.
8. No matter how often you're scolded, don't buy into the guilt thing and pout - run right back out and make friends.
9. Delight in the simple joy of a long walk.
10. Eat with gusto and enthusiasm. Stop when you have had enough.
11. Be loyal.
12. Never pretend to be something you are not.
13. If what you want lies buried, dig until you find it.